



Reserve Info Bulletin



2018 Health Related Behaviors Survey (HRBS)

This year the Coast Guard will offer a shortened Health Related Behaviors Survey (HRBS) to Active **AND** Reserve members. This will provide the Coast Guard its first opportunity to evaluate health related behaviors across the entire military community (active duty & reserve) that may be impacting readiness.

This survey is the “Gold Standard” for health related surveys across the Department of Defense and Coast Guard. As such, members who are contacted to complete the survey are **HIGHLY** encouraged to provide timely feedback for analysis.

You may hear about the survey from multiple sources.

If you are selected to participate, your responses are guaranteed to remain anonymous in order to facilitate the frank and honest feedback necessary to ensure existing programs best support our workforce, or if new programs are required.

Questions should be directed to the point of contact in the message.

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FM COMDT COGARD WASHINGTON DC//CG-11//
TO ALCOAST
UNCLAS //N06200//
ALCOAST 363/18
COMDTNOTE 6200
SUBJ: 2018 HEALTH RELATED BEHAVIORS SURVEY (HRBS) FOR ACTIVE DUTY
AND RESERVE PERSONNEL

1. The DoD HRBS has been an important source of health behavior information for the military since 1990. The Coast Guard (CG) is collaborating with the DoD for active duty and reservist participation in the 2018 HRBS.
2. The HRBS represents a unique opportunity to assess health behaviors that have the potential to impact readiness.
3. This web-based survey will begin in October 2018 and end in February 2019. CG members will be randomly selected and notified by letter and email and asked to participate.
4. The RAND Corporation and their survey vendor, Westat, will be conducting the survey.
5. You may receive several e-mail notifications from Westat using the email at: support@dodhrbs.com. Subject lines include: "INVITATION TO PARTICIPATE IN THE



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2018 DOD HEALTH RELATED BEHAVIORS SURVEY (HRBS) YOUR OPINIONS MATTER!" or "PLEASE PARTICIPATE IN THE 2018 DOD HEALTH RELATED BEHAVIORS SURVEY (HRBS)." The survey should take approximately 25 minutes to complete.

6. A critical link in this initiative is unit leadership engagement. It is vital that commanding officers (CO) and officers-in-charge (OIC) allow members time to complete the survey. COs and OICs should stress the importance of the survey and encourage members to participate if they are selected. Members can complete the survey at work or from home.

7. I am personally committed to the health, safety, and overall well-being of our members. I ask for your full support in this important research effort. The data collected will yield invaluable information and insights that will help CG leaders design and implement health, safety, and work-life programs that can better respond to the CG's unique organizational and mission needs.

8. Questions related to this survey can be directed to Mark Mattiko, COMDT (CG-1111) at 202-475-5148 or Mark.J.Mattiko@uscg.mil.

9. RADM Erica G. Schwartz, Director of Health, Safety, and Work-Life, sends.

10. Internet release is authorized.